

SUMMER 2020

# ST ANDREW'S NEWS



St Andrew's  
Hospital

**Cardiac CT  
Scanner Service  
Opens** PAGE 04

**Foundation  
celebrates  
20 years** PAGE 18

ISSUE  
**#42**

# FROM THE CEO



I am pleased to report another busy period since our last St Andrew's News publication. We continue to enjoy high levels of occupancy and there is a definite buzz in the air.

This edition reports on the opening of the Cardiac CT Scanner and Chest Pain Unit. Patient Rob Strong kindly allowed us to interview him to learn about his cardiac journey. His story ultimately demonstrates the breadth of cardiology and cardiac services at St Andrew's.

Our staff cafeteria is currently undergoing a complete re-fit and is due for completion in March. This purpose built space will create a modern and comfortable area for our staff and volunteers to enjoy their breaks.

Our foundation celebrates its 20th Anniversary this year and will be hosting a Long Lunch on the grand lawns of Waverley House on 3rd April. Everyone is warmly welcomed to attend this celebration.

Our staff feature heavily in this edition, both through our Years of Service Recognition and our Foundation Staff Scholarships. Our staff are the heartbeat of our organisation and we are proud to acknowledge their dedicated service. Also of importance is the support our foundation offers through its annual scholarships. We are grateful

for the support of the foundation and its donors.

I hope you enjoy reading the summer edition of the St Andrew's News.

Stay happy and healthy.

**Stephen Walker**  
Chief Executive Officer

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# WAR ON WASTE

As part of our strategic plan, the hospital is constantly looking for ways to reduce our waste, and we are proud to join the Baxter Healthcare PVC recycling program.

According to the Baxter Healthcare website, hospitals in Australia and New Zealand dispose of an estimated 50 million IV fluids bags each year, as well as significant quantities of PVC tubing and oxygen masks.

Traditionally, this non-hazardous/non-infectious material has gone to landfill at a great cost to our environment.

Baxter, in partnership with the Vinyl Council of Australia (VCA), assists hospitals in the collection and recycling of Baxter intravenous fluid bags, oxygen masks and oxygen tubing. This PVC hospital waste is then used to make garden hoses and outdoor playground matting.

The PVC Recycling in Hospitals website states that a lifecycle assessment conducted by the University of NSW showed recycling PVC fluid bags, instead of disposing of them in either clinical or general waste, resulted in a carbon footprint reduction of 18 percent.

From 2020, all St Andrew's IV fluid bags and PVC tubing and oxygen masks will be recycled through this program which is supporting the hospital's strategic plan and reducing our carbon footprint.



Clinical Manager Lynne Hooper, leading the charge with Baxter

# CARDIAC CT SCANNER SERVICE OPENS

In the last edition of the St Andrew's News, we reported on the progress of the new cardiac CT scanner, operated by GenesisCare Adelaide Cardiology.

The service is now up and running and provides state-of-the-art, non-invasive cardiac imaging. The CT Coronary Angiography (CTCA) scan involves an intravenous (IV) injection of x-ray contrast during the CT scan, providing high quality imaging of the coronary arteries. The scanner is also used to assess patients' Coronary Artery Calcium scores (CAC), to assist in calculating cardiac risk. For patients who require complex keyhole heart surgery, such as aortic valve replacement, a CT scan is used for the evaluation and planning process.



GenesisCare Adelaide Cardiology teams on the opening day of the facility

## CHEST PAIN UNIT OPENS

Chest pain can occur any time and anywhere.

It may be a symptom of a heart attack or other cardiac condition, and should be considered heart-related until proven otherwise. An individual in these circumstances should seek immediate medical assistance.

St Andrew's Hospital provides emergency service from 8:00am to 10:00pm. We have now expanded this service with the addition of our after hours Chest Pain Unit. This unit is now open to ambulance admissions between the hours of 10:00pm and 8:00am, resulting in the provision of a 24 hour cardiac service.

Supporting this service is our newly opened cardiac CT scanner and our 28 bed Cardiac Unit.

It is another way we can continue to provide best care with our specially trained team that is able to deliver timely and lifesaving interventions relating to Chest Pain.

**In an emergency,  
please call an  
ambulance on 000.**



# NOT A HOLLYWOOD HEART ATTACK

## BUT, THERE WAS A SUNRISE.

'You can walk into an organisation and feel something...in either a good way, or a bad way. You can feel it in a good way here.' Rob Strong is an experienced Adelaide businessman who knows a thing or two about providing good service. Waking up following 'not-a-Hollywood' heart attack in September 2019, Rob didn't even realise he was at St Andrew's. But something about the way he was cared for reassured him he was in the right place.

'I woke up to a beautiful sunrise over the Adelaide hills. That was pretty special', recalls Rob. Rob was first a patient in 2008 for unrelated surgery, and then again in 2011 when he had stents inserted following a 90% blockage in one side of the heart. In September 2019, he suffered the heart attack that resulted in bypass surgery in the November.

Rob's wife Kim rang an ambulance after Rob began to feel unwell. 'I began to feel really sick and just couldn't settle; I felt terrible. When I was in the ambulance, Kim insisted I was taken to St Andrew's. I'm so glad she did. I had a 100% blockage on the right-hand side of my heart.' After arriving at hospital at 9 at night, Rob was in the Cardiac Catheter Laboratory 15 minutes later, having a stent inserted. Kim recalls, 'The speed with which they handled things was amazing'.

Given Rob's history, his specialists decided November's bypass surgery was the best approach. Rob remembers when he first

went to the Cardiac Unit following his surgery. 'One nurse who had cared for me during my previous September visit recognised my name and came to say goodbye before I left the hospital. There is a real warmth about this place. The nurses are spot on, and have great characters.'

Cardiologist Dr Peter Sage and cardiac surgeon Mr Rob Stuklis, with the support of our nursing team, provided highly skilled specialist care for Rob. Our specialised facilities, equipment and cardiac trained staff along with Kim's quick response to call an ambulance, was critical in ensuring Rob's positive outcome.

Rob's recovery continues to be excellent and he is continuing to enjoy life. Just one month before Rob's admission in September, he and Kim welcomed their fourth grandchild pictured here with him in the Cardiac Unit. 'I can't stress enough that people get checked out if they aren't feeling well. I had no arm pain – not like the stereotypical Hollywood version – I was just in tune with my body and knew I didn't feel right'.



'I can't stress enough that people get checked out if they aren't feeling well.'

**The Chest Pain Unit is now open. St Andrew's Hospital provides Emergency Service from 8:00am to 10:00pm. We have now expanded this service with the addition of our after hours Chest Pain Unit. This unit is now open to ambulance admissions between the hours of 10:00pm and 8:00am resulting in the provision of a 24 hour cardiac service.**

**In an emergency, please call an ambulance on 000.**

# NEW STAFF

## HR COORDINATOR

Abbie Davey was appointed to the role of HR Coordinator in October, 2019, and joins the team three days a week. She holds a psychology degree and Certificate IV in Training and Assessment, and came to us from Stillwell Management Consultants, where she had been working predominantly in recruitment. For a number of years prior to this, Abbie worked with the Woolworths group in retail management roles, as well as HR where she undertook end-to-end recruitment, employee onboarding, training and generalist HR support.

## SAFETY AND INJURY MANAGEMENT COORDINATOR

Chris Mouratidis joined us in November, 2019, having previously worked in a similar role with the Detmold Group as a Work Health and Safety Officer. Chris works in collaboration with the Work Health and Safety Manager and the Claims/Injury Manager to deliver a range of WHS, injury prevention and return to work functions for the hospital. The position has a primary responsibility for the maintenance of the WHS and injury management data systems as well as being a practical resource for managers, Health Safety Representatives and other workers at St Andrew's Hospital.



Abbie Davey and Chris Mouratidis

## We welcome Carla, Abbie and Chris to St Andrew's Hospital.

## ED CLINICAL MANAGER

Carla Zampatti joined St Andrew's in December 2019 and comes to us with extensive experience in Emergency Medicine and Nursing management.

Carla has a specific interest in Sepsis recognition and management and often presents to post graduate students at conferences, seminars and workshops on this topic.

In her spare time, she is an emergency nurse specialist for the Air Force Reserves and is currently the Deputy Director of Air Force Health Reserves for SA/WA and NT.



Carla Zampatti pictured with Emergency Department Director Steven Schueler

# GENERAL SURGEONS AUSTRALIA UPDATE



Trevor Collinson has been part of the St Andrew's Hospital community since 1997, but since 2017 he has also worn the hat of President of

General Surgeons Australia (GSA). There have been some outstanding meetings recently. These included a very successful joint 2019 annual scientific meeting with the Colorectal Surgical Society of Australia and New Zealand in Hobart, following on from the landmark joint meeting with the Pacific Islands Surgical Association in Fiji in 2018.

GSA manages selection and training of General Surgeons in Australia for the Royal Australasian College

of Surgeons, as well as providing continuing Medical Education activities for its members with numerous courses, workshops and a wealth of online material.

GSA also engages with the Federal Department of Health, State Health Commissions, other specialist societies and private health insurers. It has recently been involved in the reaccreditation process for colonoscopy as part of the quality assurance activities associated with the National Bowel Cancer Screening Programme. One goal is to ensure that the process is equitable for metropolitan as well as Rural and Regional surgeons and gastroenterologists.

The event management department of GSA runs a number of other meetings such as the Provincial Surgeons Association meeting and

will this year also manage the Asian Association of Endocrine Surgeons congress.

The year ahead will see work completed on a new Post-Fellowship Education and Training programme in Rural Surgery, adding to similar programmes run for some time in Trauma and Transplantation, and in 2021 the rollout of a new 5 year General Surgical Training Programme. Major IT infrastructure redevelopment will assist the many surgeons throughout the country who take part in training.

GSA membership is offered to all qualified and recognised Specialist General Surgeons practising in Australia, and all trainees in the General Surgery Education and Training (SET) programme.

## WELCOME TO OUR NEW SPECIALISTS

St Andrew's is pleased to welcome four new specialists who have recently been accredited to work at our hospital.

### SPINAL ORTHOPAEDIC

Dr Aaron Stephenson and Dr Yu Choa Lee, commenced in September 2019.

### PLASTIC AND RECONSTRUCTIVE

Dr Jack Harbison commenced in October 2019.

### GENERAL

Dr Richard Smith commenced in January 2020.

For further information about each specialist, please contact their rooms directly.



# YEARS OF SERVICE RECOGNITION 2019

On the 29th of November, 2019 we were delighted to acknowledge and recognise significant milestones in years of service to the hospital. Our CEO, Stephen Walker, presented the recipients with their years of service certificate/badge and invited them to talk about their experience working at St Andrew's.

Two staff members, Lynlee Moses and Rosemary Ridley were acknowledged for their outstanding effort of 45 years of service. Both spoke about the wonderful friendships and culture at St Andrew's Hospital during their tenures.

This year, fifty-four people reached a milestone in their years of service, and we thank them all for their significant contributions.



## 10:30am Presentation Attendees:

**3rd Row:** Garry Crispin (Director Finance), Stephen Walker (CEO), Jacquie Wiley (DNCS) **2nd Row:** Belinda Maas, Sarah Siedlaczek, Carrie Lilly, Alison Vickers, Maureen Westo, Meredith Skoravic, Marianne Quinn **Front Row:** Sarah Russell, Lisa Lindley, Rosemary Ridley, Lynlee Moses, Lisa Penniford, Jannelle Freeman, Angela Trainor



(L-R): Jacquie Wiley (DNCS), Lynlee Moses, Rosemary Ridley and Stephen Walker (CEO)



## 1pm Presentation Attendees:

**Back row:** Stacy Mclean, Cris Ayling, Steven Schueler, Marcia Allen, Emily Newman, Alison Bosisto, Stephen Walker (CEO), Tabatha Robinson, Garry Crispin (Director Finance). **Front Row:** Lee-Ann Bright, Tiffany Carrigan, Sharon Blaney, Adrian Saunders (ADON), Penny Martin



We were delighted to acknowledge and recognise significant milestones in years of service to the hospital on St Andrew's Day. Stephen Walker presented service certificates and badges at three presentations over the course of the day. This year, **54** people reached a milestone in their years of service.

#### WORK AREA YEARS OF SERVICE

THEATRE		DIETARY SERVICES		3RD FLOOR	
Lisa Lindley	10	Alison Bosisto	20	Loriana Brazzatti	15
Lisa Penniford	10	Michele Hughes	15	Carrie Lilly	10
<b>RECOVERY/ANAESTHETICS</b>		Lina Matarazzo	30	Penny Martin	20
Marcia Allen	30	<b>DAY PROCEDURE SUITE/ SHORT STAY UNIT</b>		Sarah Siedlaczek	10
Sharon Blaney	10	Cris Ayling	30	<b>2ND FLOOR</b>	
Janelle Freeman	10	Margaret Humphrys	15	Lee-Ann Bright	30
Allison Peacock	10	Stacy Mclean	10	Katrina Griscti	20
Angela Trainer	10	Marianne Quinn	15	Liz Knight	30
<b>QUALITY &amp; AUDIT</b>		Louise Reschke	15	Bin Li	10
Deidre Galezowski	15	Rosemary Ridley	45	Julia Nuttall	10
<b>PRE-ADMISSION CLINIC</b>		<b>EMERGENCY</b>		Tina Purdie	20
Lisa Maggs	25	Dr Steven Schueler	15	Sarah Russell	10
<b>PATIENT ACCOUNTS</b>		<b>CRITICAL CARE UNIT</b>			
Tabatha Robinson	10	Dr Sarah Marshall	10		
<b>PATIENT SERVICES</b>		Dr Andrew Otway	10		
Tiffany Carrigan	20	Monica Cole	10		
Jennifer Goldsmith	15	Belinda Maas	20		
Meredith Skoravic	10	Lynlee Moses	45		
Maureen Westo	10	Emily Newman	10		
<b>MAINTENANCE</b>		Julie Williams	20		
Peter Matto	10	<b>CARDIAC UNIT/EMERGENCY</b>			
Ricky Moehring	15	Bryan Hamilton	10		
<b>HOSPITAL COORDINATOR</b>		<b>BOOKINGS</b>			
Caroline Guest	25	Amanda Chisholm	15		
Sarah Myers	25	<b>4TH FLOOR</b>			
Heather Osborn	20	Megan Desira	10		
		Jacqueline Simmonds	25		
		Biz Skara	15		
		Vanessa Stewart	10		
		Alison Vickers	15		

# CONGRATULATIONS TO OUR FOUNDATION ON A VERY SUCCESSFUL 20 YEARS.

The foundation has supported the hospital in many exciting projects in the past 20 years; from refurbishments, new equipment, scholarships and the wonderful team of volunteers that bring that friendly face to St Andrew's Hospital.

We look forward to this continued shared vision over the next 20 years and beyond, helping the hospital in its mission for medical and surgical excellence.



**St Andrew's  
Hospital  
Foundation**

**Celebrating  
20 YEARS**



## There's treatment and then there's care

We understand that every person is an individual, needing more than just treatment.



We ensure you have rapid access to personalised comprehensive cancer care, close to home. Providing high quality radiation oncology services to South Australians for more than 35 years.

### Radiation oncology treatment centres

St Andrew's Hospital Adelaide  
Tel: 08 8228 6700

Tennyson Centre Kurralta Park  
Tel: 08 8375 3200

Flinders Private Hospital Bedford Park  
Tel: 08 8179 5500

Calvary Central Districts Hospital, Elizabeth Vale  
Tel: 08 7285 6400

Regional consulting available at:  
Mt Barker, Whyalla, Wallaroo, Victor Harbor  
[infooncologysa@genesiscare.com](mailto:infooncologysa@genesiscare.com)

[genesiscare.com](http://genesiscare.com)

Previously known as Adelaide Radiotherapy Centre  
Private Health cover is not required





# HEART PATIENTS GET POST-SURGERY CUDDLE

In a joint initiative with the Heart Foundation, St Andrew's provides customised cardiac cough pillows to all patients who have undergone cardiothoracic surgery.

In the days and weeks following cardiothoracic surgery, patients must carry out post-surgery deep breathing and coughing exercises to help their lungs recover.

The aim of the project is to ensure cardiothoracic patients are provided with a cardiac cough pillow which will support their sternum to enable healing and provide support and comfort when exercising.

Jan Maree Nelson (pictured), a recent patient at the hospital, said, 'The pillow helps you get out of bed, sit up, cough, sneeze, breathe – everything to get your lungs going.'

'I have pain mostly in my shoulders and neck after surgery, and to be able to use this pillow and mobilise quickly is great; it all just moves from there.'

The Heart Foundation claims that 77% of patients involved in the pilot program felt the cardiac pillows provided more support than a hospital pillow and had a better shape, and 87% believed the cardiac pillow was effective in helping with recovery.

Approximately 1,500 South Australians undergo cardiothoracic surgery each year.



Image courtesy of Heart Foundation and the photographer Mu Young

# COMMUNITY

## SOUTH AUSTRALIAN BUSHFIRE SUPPORT

The hospital has donated a number of medical supplies to assist in the treatment of injured animals from the South Australian bushfires.

Since the Pinery fires in 2015, St Andrew's Hospital has regularly provided outdated and unused medical supplies to the University of Adelaide School of Animal and Veterinary Science. The university ensures supplies are deployed towards the medical support of animals impacted by disasters, injured wildlife, and any surplus is used in clinical training of tomorrow's animal health care professionals.

Our ongoing relationship meant a much-needed response occurred quickly and efficiently for both the Cudlee Creek and Kangaroo Island fires. This rapid response capability is an example of the value of this relationship to animal welfare.

The most recent supplies donated (pictured) went to Kangaroo Island for critical frontline triage of affected wildlife.

The hospital has also donated supplies to an animal rescue team at Littlehampton for those animals injured in the Adelaide Hills bushfire.



Our thoughts are with all of those families and wildlife that have been impacted by the devastating bushfires.

**Pictured above with Scott Seymour (Supply) are veterinarians, Dr Emma Vermeeren DVM (her parents are KI vets), Dr Nathan Smith DVM and Dr Adele Feakes, Senior Lecturer, School of Animal and Veterinary Sciences, University of Adelaide.**

## GOLF DAY

The St Andrew's Classic was once again held at the Royal Adelaide Golf Club on 22nd November, 2019. The weather delivered a perfect day for golf, and a keen group of golfers battled out a tightly contested day on the green. Congratulations to the winning team: Shane Edwards, Dale Stringer, Dale Formossa and Adam Dimech.

**Thank you to major sponsor Clinpath Laboratories and all our sponsors for supporting the day. The event raised \$9000 for our foundation.**



## Vale~ Mr Clayton Lang



Mr Lang was a member of the St Andrew's family, operating at the hospital for over five years, and was a partner at Dextra Surgical (formerly Sach Day Surgery).

Mr Lang, along with his father, Dick, tragically lost their lives in the Kangaroo Island bushfires of January 2020. A prominent reconstructive plastic surgeon, Mr Lang was well known and highly respected by many in our community. He will be sadly missed.

Having returned to his home town of Adelaide in 2014 following time in Queensland, he was also a supervisor of surgical training and clinical lead of hand surgery at The Queen Elizabeth Hospital.

**Our sympathy and thoughts are with his family, friends and colleagues.**



# COMMUNITY

## MEMORIAL DAY

The annual Memorial Day, hosted by Reverend Peter Morel, took place on Sunday, 3rd November, 2019.

Peter delivered another special day themed around the story of Britta Teckentrup's *The Memory Tree*, a beautiful story about the death of a loved one and the memories that comfort those left behind.

Around 70 guests enjoyed the intimate service which was followed by a morning tea in Waverley House.

This special annual event is open to families of past patients of St Andrew's Hospital, giving them the opportunity to come together in memory of the lives and loss of their loved ones.



## GROUP 19 NURSES REUNION

1968 might have been 51 years ago, but when members Group 19 reunited at St Andrew's during November, it was like they had never been apart!

Smiles beamed, jokes were told and memories shared over a cup of tea and cake. The group shared stories, followed by Director of Nursing and Clinical Services, Jacquie Wiley taking them on a tour of the hospital. The ladies were especially impressed by the new Eastern Clinical



Development. There was much conversation about the positive culture at St Andrew's both in 1968 and now.



If you would like to coordinate a nursing reunion, please contact the hospital's nursing division on 8408 2004.

## BREAST CARE LUNCHEON

The annual Breast Care Luncheon was held on Thursday 3rd October, 2019 in the Prince Alfred College function centre. Once again, we were very proud to offer another wonderful event providing information and giving guests the opportunity to share stories and friendship.

Graeme Goodings was our entertaining emcee, delivering

the day with enthusiasm and good humour.

Guest speakers included the wonderful Sophie Thompson, from Sophie's Patch and ABC TV's *Gardening Australia* program. Sophie shared her passion for gardening with us, and the benefits of vitamin N (nature). No doubt Sophie inspired many of our guests to return home and get into their own gardens! Sophie's presentation was followed by the accomplished Katie Sarah, the first women to join the Seven-Seven club, whose members have climbed the highest mountains and highest volcano peaks on all seven continents.

During the lunch, guests were treated to lovely music by Greg and Max Jones, a delightful dance performance from One 50 Dance, and a fashion parade tailored for breast cancer patients by SA Mobile



Breast Care's Barbara and Krista Kennedy, and Amoena's Donna Thornton and Kerry Nash. The ladies performing the fashion parade were all past or present patients who inspired us all.

As in previous years, this special day was enjoyed by all. Many thanks to the marvellous St Andrew's Breast Care Team and volunteers who worked so hard to put this event together.



# CARDIAC SURGERY-ADVANCED LIFE SUPPORT TRAINING

Towards the end of 2019, our Critical Care Nursing and Medical Team attended the on-site Cardiac Surgery-Advanced Life Support training course. The course, which originated in the United Kingdom and is now offered globally. The course was convened by Dr Jonathan Fraser, head of the RAH Cardiac Intensive Care Service and Edel Silke, Clinical Manager of the SAH Critical Care Unit, with the assistance of accredited course faculty members from the RAH.

St Andrew's has cemented its position as a leader in cardiac services in South Australia. Our new cardiac unit, cardiac CT scanner and 24/7 chest pain unit are evidence of our commitment to this speciality. Ensuring our clinical teams are educated with the latest information regarding post-surgical care is essential to providing excellent patient outcomes and support for our surgeons and specialists.

The course is a combination of lectures, tutorials, practical simulation stations and group re-opening scenarios focusing on the management of post cardiac surgery emergencies and arrests.

The course has been accredited by The College of Intensive Care Medicine, The Royal College of Surgeons, The Society of Thoracic Surgeons and The European Association of Cardiac and Thoracic Surgeons.

The ten St Andrew's critical care staff who attended the course provided exceptional feedback on all aspects of the session. Comments included, 'I found this education session incredibly valuable'; 'The experts have a wealth of knowledge and were able to impart with precision'; 'A sensational opportunity to practice our roles and increase our confidence surrounding CALS.'

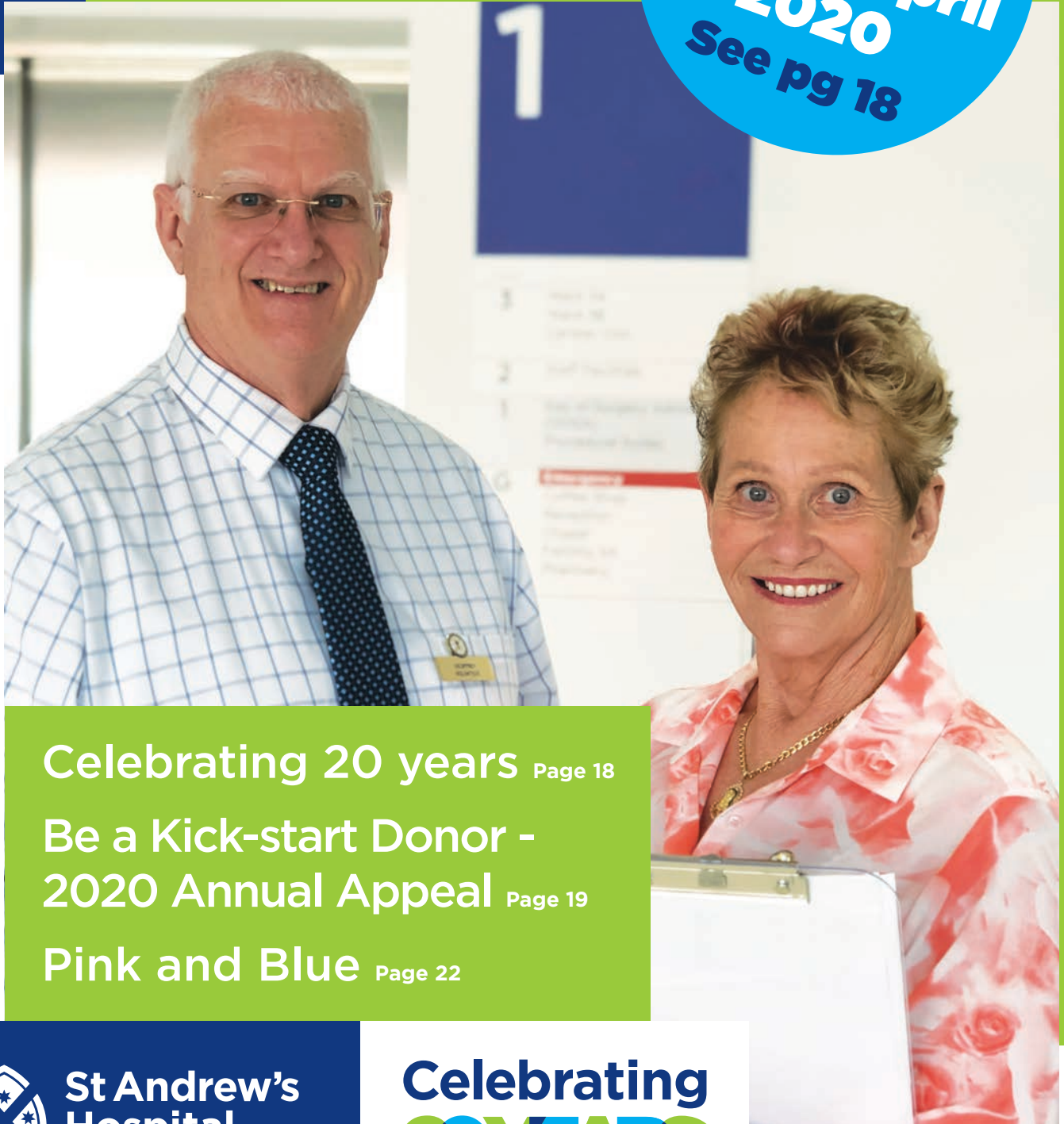
St Andrew's has cemented its position as a leader in cardiac services in South Australia.





# Foundation News

**Long  
Lunch  
3rd of April  
2020  
See pg 18**



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2020 Annual Appeal** Page 19

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**St Andrew's  
Hospital  
Foundation**

**Celebrating  
20YEARS**

# Welcome



## It is with great pride that we celebrate 20 years of the St Andrew's Foundation in 2020.

The hospital was founded through the generosity and foresight of Sister Janet Hay in 1936. Sister Hay was a visionary and established a hospital here in Adelaide that was second to none.

Giving is as relevant today as it was when the hospital was founded. Our foundation continues the legacy of Sister Hay by welcoming donations to support the hospital in its mission of medical and surgical excellence.

In this edition, we announce the Long Lunch on the 3rd of April to celebrate our 20th Anniversary.

We warmly welcome you and your friends to join us for a lovely afternoon. Please contact Hayley in the foundation office to book tickets (see page 18 for details).

We will also be launching our 2020 Annual Appeal at the lunch – a sneak peek is on page 19. If you would like to be a 'Kick-start' donor, please contact our office on 8408 2005 or you can donate via our website.

We have been very busy over the last 6 months, with many of our projects coming to life. Inside the newsletter, you will find updates on several major projects including the

Staff Cafeteria redevelopment, the Patient Lounge refurbishments and more.

As always, we sincerely appreciate the support from the community. All contributions to the foundation are valued and welcome.

Kind regards

A handwritten signature in blue ink that reads "Amy".

**Amy Bredon**  
Foundation Director

### Welcome Hayley



Our foundation team of three recently became four. Hayley Pryzibilla joined us in August 2019 as Administration, Communications and Events Coordinator.

Having moved from the Barossa Valley back to Adelaide during 2014, Hayley has experience in marketing, event coordination and administration, most recently working with a private paediatric audiology practice.

**We are thrilled Hayley has joined the foundation and her warm, bubbly personality and strong work ethic make her the perfect addition.**

Hayley can be contacted on 8408 2133.



# Foundation Events



## Wine & Cheese Night

On Friday 29th November, the foundation hosted its first Wine and Cheese Night in the chemotherapy suite for friends, donors, volunteers and staff. It was an informal night where guests were free to mingle while taking in a real-life clinical environment and learning more about the foundation's impact in the hospital.

Clinical Education Coordinator Alison Sarles spoke about the benefits of her recent study undertaken through a foundation scholarship, and the importance of this type of program to staff.

Jane Bonner, clinical nurse from the chemotherapy suite demonstrated items that the foundation has helped purchase, explaining how they benefit our patients.

**The highlight of the evening was Foundation Director, Amy Bredon, presenting CEO Stephen Walker with a cheque for \$12,000 to upgrade the 4th floor's patient lounge.**

## Volunteers Christmas

Our volunteers' annual Christmas lunch took place on Thursday 12th December, attended by around 80 guests. The afternoon, which was filled with much laughter and cheer, was also our opportunity to recognise the very valuable contribution of our longer-serving volunteers.

Years of service certificates and badges were awarded to volunteers Bill Mitchell, Judi Noblet, Louise Brunner and Tom Duncan for five years; Valerie Turnbull for 10 years; and Raelene Aplin for 15 years.

Two extra special awards were presented to Ros Griffiths for 25 years of service, and Gwenda Cunningham for 19 years of service, just shy of her 20 years.

Volunteers are an important part of the St Andrew's experience, with recent input collected from the hospital feedback form indicating that more than 90% of our patients were happy with their interaction with our volunteers.



## Open Garden Day

Saturday, 19th October, 2019 saw the historic Waverley House garden come to life. The members of the Secatuers Community Garden Group hosted a lovely open garden with approximately 100 people attending.

The open day included pot plant sales, propagating demonstrations, a jumble sale, children's activities, music provided by Caterpillar DJ, and the launch of the group's President, Sia Booth's second children's book, titled *Milly Monarch the Caterpillar*.



It was wonderful to see so many people come out to enjoy the work of the members of the Secatuers Community Garden Group. The garden is a great asset to St Andrew's Hospital, enjoyed by both staff and patients.

Entry was by a gold coin donation and funds raised from the day will help the continued development of the garden.



# Celebrating 20 YEARS

To celebrate this milestone, we have some exciting events planned. To make sure you don't miss the details, keep checking your post box, online at [www.stand.org.au](http://www.stand.org.au), or the St Andrew's Hospital Facebook page.

The St Andrew's Hospital Foundation was founded on St Andrew's Day 2000, with Dr Basil Hetzel AC as its inaugural patron. Our main objective is to be a significant contributor to providing excellent healthcare at St Andrew's, by either financial support to help maintain state-of-the-art equipment or refurbishments, staff education and training through our scholarships; or through the wonderful group of volunteers who provide a friendly face to the St Andrew's experience.

As we are an independent organisation and do not receive any government funding; the foundation's support is solely due to the generosity of our wonderful community. If you would like to contribute, following are some ways you can help support us:

## Giving to the foundation

By making a donation, you are helping us achieve our vision of providing financial support to the hospital that helps so many South Australian's each year. You can make a donation at [www.stand.org.au/donate](http://www.stand.org.au/donate).

## Become a Friend of St Andrew's Hospital

By joining, not only will you be supporting the work of the foundation through your annual subscription fee, but you can also enjoy access to a number of associated on-site discounts and invitations to special events throughout the year.

To find out more visit [www.stand.org.au/friends-of-st-andrew-s](http://www.stand.org.au/friends-of-st-andrew-s).

## Become a volunteer

Join our coffee shop team or patient transport service. If you think this might be for you, submit an enquiry via [www.stand.org.au/volunteer-with-us](http://www.stand.org.au/volunteer-with-us) or phone 8408 2133.

**Every contribution is greatly appreciated and we look forward to sharing our 20th year celebrations with you.**

## Save the Date

In celebration of our 20th Anniversary, we are planning to hold a Long Lunch on the Waverley House Garden Lawns.

**Date: Friday, 3rd of April, 2020**

**Time: 12:00noon till 3:00pm**

**Tickets: \$95 each**

For enquiries or bookings please contact Hayley at the foundation on 8408 2133 or [hayley.pryzibilla@stand.org.au](mailto:hayley.pryzibilla@stand.org.au)





# 2020 Annual Appeal Paediatric Ward

Be a  
**KICKSTART**  
Donor  
To donate visit  
[stand.org.au/  
donate](http://stand.org.au/donate)



Hugo at St Andrew's

## We have set a goal to raise \$70,000 to completely refurbish our paediatric ward.

For children, hospital can be a scary place. Our littlest patients are so precious and their journey at St Andrew's is important to us.

My children, Hugo (10) and Jack (6) have both been overnight patients at St Andrew's for Ear Nose and Throat surgery.

Like me, if you have ever taken your child to hospital, you will know it can be a journey into the unknown – for everyone. Whether staying overnight, or just for the day, it is important for patients and

their parents or caregivers to be comfortable.

For a child having surgery it can be a stressful experience. That is why it is vital that they are in a stimulating, comfortable and age-appropriate space to aid recovery and help keep children calm, both pre and post-surgery.

During May, I will write to ask you to join me and donate to help us transform the Paediatric Ward for our smallest and very precious patients. Whether you are a parent,

grandparent, aunt or uncle or friend, you can help us reach our ambitious goal.

The refurbishment will include new day beds that convert to comfortable beds at night, a cheerful colour scheme that is bright and modern, and will also include a play area for drawing, craft, and relaxation.

When it comes to our paediatric patients, we want to provide the best clinical care and environment possible. Our aim is to make their hospital visit – which can sometimes be their first – to be the best it can be.

**If you would like to donate to our appeal and be one of our KICKSTART donors, please go to [www.stand.org.au/donate](http://www.stand.org.au/donate).**

Gratefully,  
**Amy Bredon**  
Foundation Director



Hugo and Jack



**We will formally  
launch our appeal at the  
Long Lunch on the  
3rd of April, 2020.**

# Scholarships

## 2020 Scholarship Recipients

One of the foundation's core projects is to offer scholarships to our staff, supporting them in their undertaking of continued professional development.

With the support of its donors, the foundation offers annual clinical scholarships in three categories. Following the recent application process, we are delighted to announce the 2020 recipients, pictured below (L-R).

### **Charlotte McHaffie**

Graduate Diploma Nursing Science (Cardiac Nursing)

### **Janet Hay Clinical Scholarship**

### **Loy Gicana**

Graduate Certificate Nursing Science (Critical Care Nursing)

### **HPS Medical Education Scholarship**

### **Claire Jenkins**

Graduate Certificate Nursing Science (Perioperative Nursing)

### **David and Maggie Klingberg Scholarship**

### **Morgan Harland**

Graduate Diploma Nursing Science (Oncology Nursing)

### **Janet Hay Clinical Scholarship**

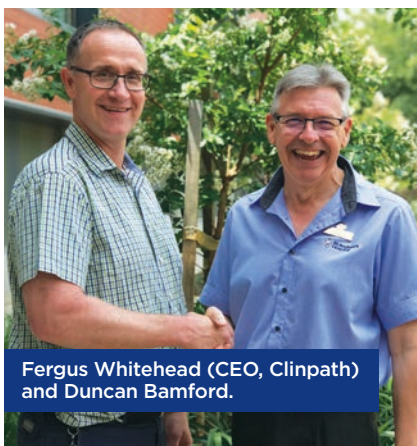


## Clinpath Scholarship

### **Duncan Bamford**

Congratulations also to CN Duncan Bamford who was the first recipient of the Clinpath Scholarship in 2019. Duncan was selected to present a project titled 'Clinical simulation to embed improvements in critical bleeding management' at the 'Blood 2019' Annual Scientific Conference (Australia and New Zealand) in Perth during October 2019.

St Andrew's Blood Management Committee secured project funding from the Blood Management Council of South Australia to film a simulated Massive Transfusion (MT) scenario, showcasing the resources and processes involved in activating and managing a MT. The project team including representatives from St Andrew's, BloodSafe Program, BloodSafe eLearning Australia and Clinpath Laboratories were involved in the production of this film, which educates on the delivery of large volumes of blood products over a short period of time to control severe bleeding.



## David and Maggie Klingberg Scholarship

David and Maggie Klingberg have been long-time supporters of the foundation. David is our current Patron and a former board member of the St Andrew's Hospital Board of Governors. As a former Chancellor of the University of South Australia, David also has a keen interest in tertiary education.

Having both recently been patients at St Andrew's, and highly impressed with the standard of care they received, David and Maggie wanted to give back to the hospital.

'From recent experiences, we have admired the skills of theatre nurses as part of the specialised theatre operating team and we are delighted to assist Claire upgrade her qualifications.'

**If you or your company would like further information about donating to provide a staff scholarship, please contact Foundation Director Amy Bredon on 8408 2005.**



# 2019 Annual Appeal update

## 3rd and 4th Floor Patient Lounge Refurbishments

The foundation is now refurbishing the last of the hospital's two patient lounges. Our original goal to raise \$24,000 is still on target, with the support of our donors we have raised \$15,000 and we are currently refurbishing the 4th floor patient lounge.

Patient lounges are private, spacious areas for patients and families to share quiet time outside of their rooms. The lounges can also be used for meetings with families and medical staff. They will have comfortable sofas and arm chairs, coffee tables, a television set and reading material, providing a relaxing space within the ward.

In order to achieve our fundraising goal of \$24,000, we still need your help to raise another \$9,000 for the refurbishment of the final lounge area on the 3rd floor.

Please help us raise the remaining \$9,000, by donating to this very important upgrade. Donations can be made by using the enclosed donation form; online at [www.stand.org.au/donate](http://www.stand.org.au/donate); or via eft (details on donation form).

Your support and any donations to our foundation, are welcomed and valued.

We still need your support!



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# Pink and Blue Swim/Walk

The refurbishment of the St Andrew's Hospital Breast Cancer Treatment Room was made possible by the 2019 Pink and Blue Swim/Walk. Now complete, the room provides a private, purpose-built facility for breast cancer patients to meet with nursing staff for counselling, dressing changes, wound and drain care, and the provision of post-operative garments, prosthesis and surgical aids.

In 2020, along with the Prostate Cancer Foundation, we are again the very grateful recipient of funds raised from the Pink and Blue swim that was held on Saturday, 8th February, 2020.

The day was perfect, with the sun shining and a wonderful atmosphere experienced by the crowd. The 2020 event was the most successful yet; 1,002 people participated in the swim or the walk.

Once again, the West Beach Surf Life Saving Club hosted another wonderful event which was followed by a fun evening at the comedy night. Thank you also to major sponsor West End Community Fund.

The committee, sponsors and participants raised a staggering \$75,000 for breast and prostate cancer.

This year's funds will again help support our breast care service, with the purchase of a gamma probe for the hospital. The probe is used to allow breast surgeons to identify, during a biopsy, the breast cancer patient's sentinel (lymph) nodes to be removed and assessed. In some cases, it has been necessary to remove several or all lymph nodes to prevent the spread of cancer. However, the gamma probe allows specific identification and removal of the main node/s only, reducing complications that can occur if all nodes are removed.



**What a great event! The foundation and hospital is proud to have this continued relationship with the WBSLC Community and we sincerely thank the event's organisers and sponsors.**

The 2020 event was the most successful yet; 1,002 people participated in the swim or the walk.





# Projects update

## Sofa Bed Lounges and Recliners for Oncology Ward

Thanks to a generous donor, we have been able to purchase three lounges that convert to sofa beds, and four large recliners for our 3rd floor cancer patients.

A number of our cancer patients have extended stays, and the purchase of this furniture allows their family members to stay overnight in comfort. The recliners can also provide an option if patients would like to rest somewhere out of their hospital bed.

Both the sofas and recliners are easily transportable to whichever room they are needed.

Thank you to our donor for helping us to provide our patients and their families with an alternate and comfortable place to sleep and rest.

## Rooftop Garden - Ready for Summer

Our rooftop garden has recently acquired two huge shade sails, additional planter boxes and privacy screens.

This special space is now complete with rain, sun and wind sensing retractable shade sails, producing shady spots to sit in during Adelaide's hot summer days. Custom-made timber partitions create private areas to sit and relax to the gentle sound of the trickling water feature.

**Our sincere thanks to our donors for their ongoing support, making this space a much-loved outdoor environment for patients, visitors and staff.**

## Staff Cafeteria

The staff cafeteria redevelopment, which is now in full swing, was made possible by the generous bequest of Errol Boland, a special friend of St Andrew's Hospital. Many staff at St Andrew's came to know Errol well, as he was a frequent visitor to the hospital, coffee shop and cafeteria. It was Errol's wish that his bequest be used to refurbish the areas that meant so much to him.

**Thanks to his generosity, this newly developed area will be appreciated by many people for years to come.**



Our staff cafeteria redevelopment well underway!

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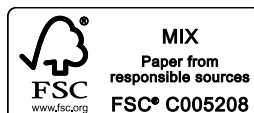
If you are interested in submitting an article or have a news story, please contact Amy Bredon via email [amy.bredon@stand.org.au](mailto:amy.bredon@stand.org.au)

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